

Terms of Service

Last updated: September 10, 2025

Welcome to PCOS Polly (“we,” “our,” or “us”). These Terms of Service (“Terms”) govern your use of our mobile application, website, and related services (together, the “Services”). By accessing or using our Services, you agree to be bound by these Terms. If you do not agree, please do not use our Services.

1. Eligibility

You must be at least 13 years old (or the minimum age of digital consent in your country) to use our Services. By using the Services, you represent and warrant that you meet these requirements.

2. Accounts

- To access certain features, you may need to create an account.
 - You agree to provide accurate information and keep it up to date.
 - You are responsible for maintaining the confidentiality of your login credentials and for all activity under your account.
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3. Use of the Services

You may use our Services only for lawful purposes and in accordance with these Terms. You agree not to:

- Use the Services in a way that violates any applicable law or regulation.
- Attempt to gain unauthorized access to the Services, other accounts, or systems.

- Interfere with or disrupt the integrity or performance of the Services.
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4. Health Disclaimer

Our Services are designed to provide general information, education, and tracking tools. **We do not provide medical advice, diagnosis, or treatment.** Always seek the advice of a qualified healthcare provider with any questions regarding a medical condition. Do not disregard professional medical advice because of information provided by our Services.

5. Subscription & Payments

- Some features may require a paid subscription.
 - Subscriptions are billed through the app store (Apple App Store or Google Play).
 - Fees, renewal terms, and cancellation policies are managed through your app store account.
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6. Intellectual Property

All content and materials in the Services, including text, graphics, logos, and software, are owned by or licensed to us. You may use the Services for your personal, non-commercial use only.

7. Termination

We may suspend or terminate your account if you violate these Terms or engage in harmful activity. You may stop using the Services at any time.

8. Limitation of Liability

To the maximum extent permitted by law:

- We are not liable for indirect, incidental, special, or consequential damages.
 - Our total liability for any claim arising from use of the Services will not exceed the amount you paid us (if any) in the past 12 months.
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9. Indemnification

You agree to defend, indemnify, and hold harmless PCOS Polly and its affiliates from any claims, damages, or expenses arising out of your use of the Services or violation of these Terms.

10. Governing Law

These Terms are governed by the laws of New Jersey, without regard to conflict of law principles.

11. Changes to These Terms

We may update these Terms from time to time. If we make material changes, we will notify you (for example, by email or in-app notice). Continued use of the Services after changes take effect constitutes acceptance of the new Terms.

12. Contact Us

If you have questions, contact us at:

Akshaya Dinesh

hello@pcospolly.com

2362 Berkshire Ln,

North Brunswick, NJ 08902
